



Teachers and Staff,

The Health and Wellness Committee at Hightower High School proudly announces the First Annual Hightower Fun Run.

**PURPOSE:**

- Promote a healthy lifestyle and a healthy approach in dealing with stress
- Promote community, family involvement, and student awareness
- Registration fees collected will benefit HHS
- 2018-2019 Fun Run will be dedicated to the memory of Dr. Michele Andersen (we will plant a tree in her memory)

**WHAT TO EXPECT:**

- Registration Fee (prior to the event) is \$20; day of event, \$25
- Registration fee includes a t-shirt and a grab bag
- Multiple vendors will be present to inform about services available at their place of business
- There will be a *runners lane* and a *walkers lane*, to accommodate parents with strollers or young children
- Several stations with fruit and water for runners and walkers

**LOGISTICS:**

**DATE:** Saturday, February 2, 2019

**TIME:** 9:00 AM

**PLACE:** HHS Parking Lot

**VENDORS**

- UT Physician
- As One Foundation
- Fort Bend Community Prevention Coalition
- Farmers Market Partners
- Master Gardner's
- Texas Children's Mobile Clinic
- Airrosti
- Teens in the Driver's Seat
- Fuel up to play 60
- Kids and Cops
- Juvenile Arthritis Foundation